BACK TO SCHOOL?

Give Hope
Give an Education

A Resource Pack for
Primary Schools

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Every child deserves the opportunity to go to school!

A new school year is starting. Children are settling in to new classes and are getting to know their teachers. A busy year, with lots of new things to learn, lies ahead!
Hope for Kids International (www.hopeforkids.co.uk) is a registered charity in England and Wales that is committed to helping orphans and vulnerable children around the world reach their full potential. Many of the children that we work with have lived on the streets, or in extreme poverty, and need support in going "back to school".

The resources in this pack are designed to raise awareness of the lack of education for many children around the world by looking in particular at a school in Kenya. We hope that this will inspire the children in your school to be concerned for the needs of others in another country of the world!

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Did You Know...?

In many developing countries, public schools are not free and families have to pay for school fees, books, uniform, travel and school resources.

Can you name some countries where children might be too poor to go to school?

Up to 115 million primary school-aged children don't attend school.

What might children do each day instead of going to school?

One in five adults around the world - that's almost 862 million people - cannot read or write.

Imagine not being able to read or write. How would your life be different?

Education can help people to escape from a life of poverty.

Can you think about why it is important to go to school and how it will help you in the future?

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Kenya

Facts about Kenya

Kenya is a country in East Africa. It shares its borders with South Sudan, Ethiopia, Uganda, Somalia and Tanzania. It takes its name from the second-largest mountain in Africa, Mount Kenya.

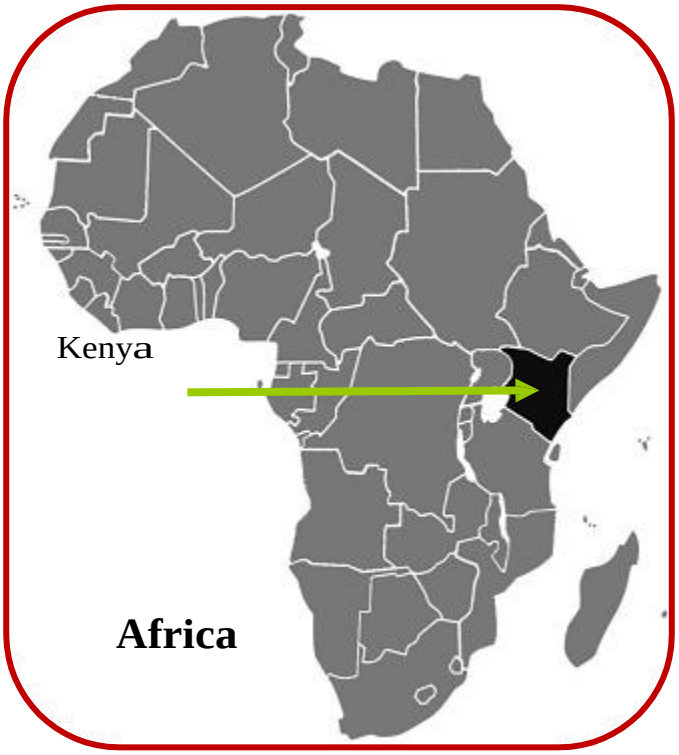
Capital City: Nairobi

Population: 37 million people

Life Expectancy: 56 years

Languages: English(Official),Kiswahili and indigenous languages

Currency: Kenyan Shilling



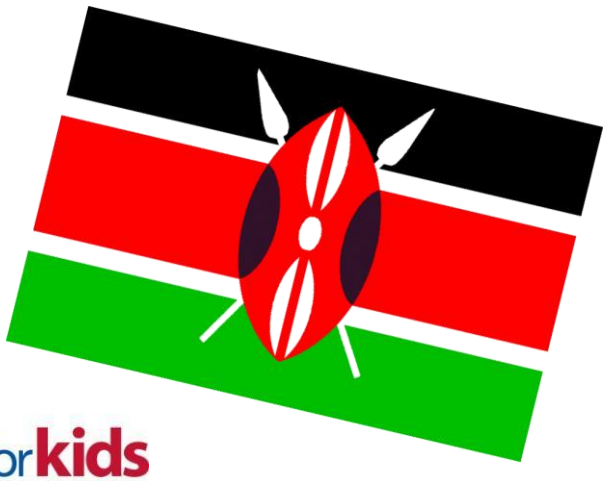
Education in Kenya

One out of every four children do not go to primary school…

Less than half of children go on to learn at secondary school…

Most families live in poverty. This makes it difficult for parents to send children to school…

Some children who live in Kenyan villages have to walk for hours to get to school…



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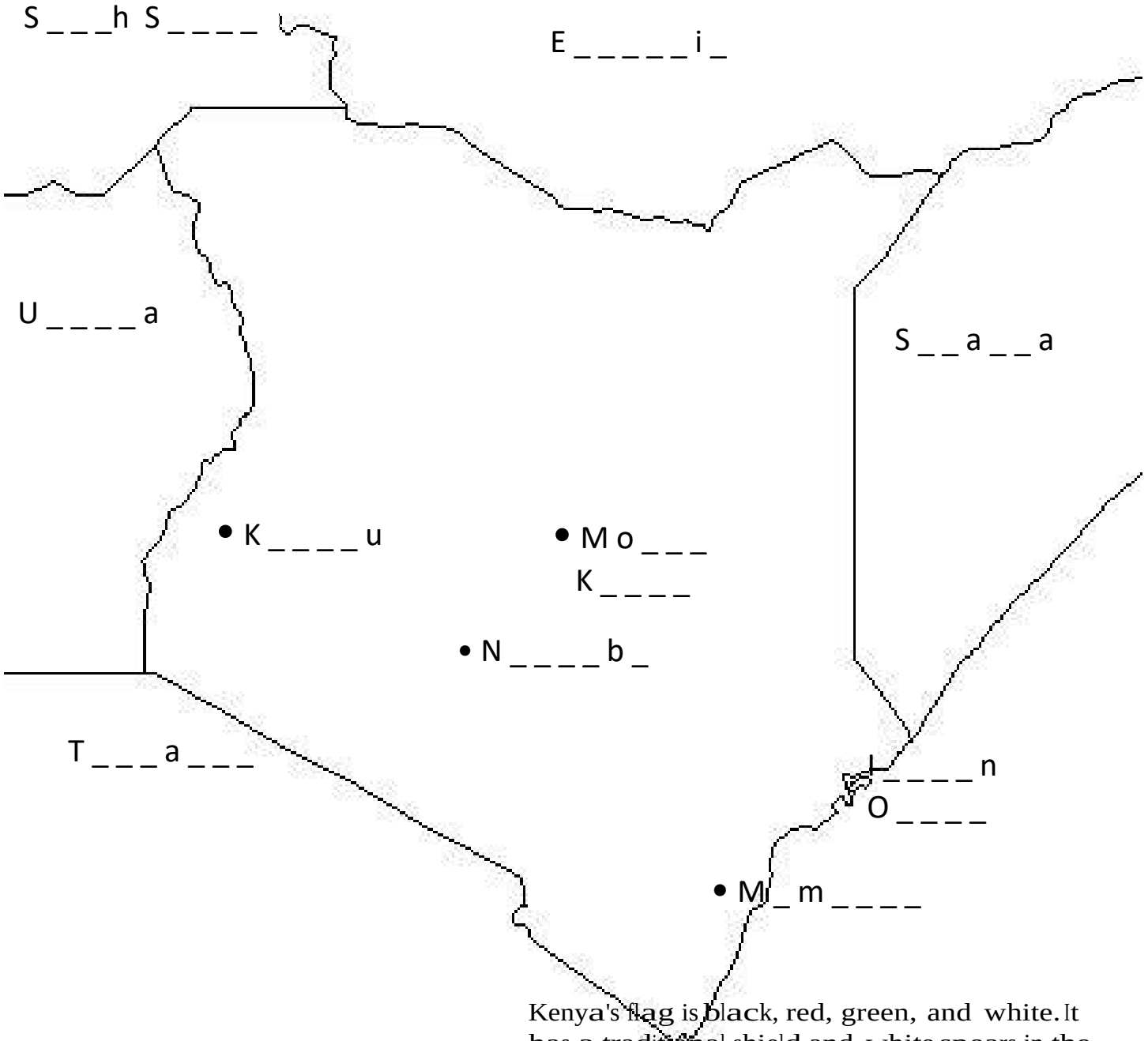
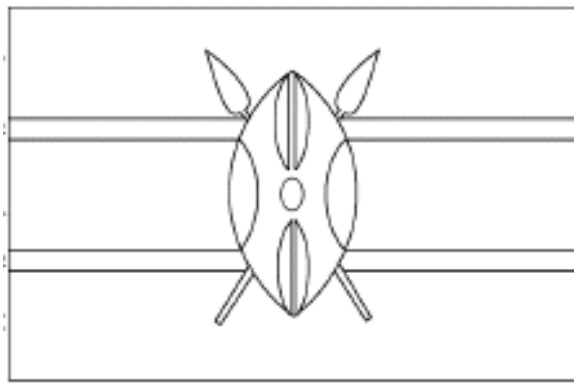
Finding Out More About Kenya

Using an atlas, fill in the names of the Kenyan towns, surrounding countries and sea using the letters given to help you. Then colour the map in!





Kenya's flag is black, red, green, and white. It has a traditional shield and white spears in the centre.

The black represents the people of Kenya; the red represents blood; the green represents natural wealth; and the white represents peace. The shield and spears represent the defence of freedom.

Hall Mead School, Kenya

Hall Mead School is a Kenyan school that Hope for Kids works with to care for orphans and vulnerable children. It is named after a school in England.

Where: Karundas Children's Centre (three hours North of Nairobi)

How many students: 280

Main Subjects Studied: English, Kiswahili, mathematics, science, geography, history, Bible.

Look at the photographs and list as many differences as possible with your school in England. How many can you find?

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Meet Dennis!

My name is Dennis. I am 12 years old. I live in the community around Hall Mead School with my mum and 3 siblings. My father died several years ago and so my mother, who is disabled, has to work in the fields every day to support us all. We live in a small, wooden house without electricity or running water. Because of my mother's disability and the recent droughts in Kenya, my family often struggles to have enough food to eat.

Hope for Kids first helped my family in 2009, when my brother was enrolled in Hall Mead School. My mother was also helped by being given a cow and some chickens. She uses the eggs and milk from the animals to help feed us. When there is extra milk she sells it to make a little extra money.

I started going to school in 2011 and the teachers have helped me a lot. They say I am very inquisitive and ask many questions in class. I am interested in science and have athletic skills. I hope to perform well in my exams this year and be placed in a good High School next year.

I have to get up at 5.00a.m. each day. Many schools start at 7 a.m. and it is a long walk to get there! We have assembly between 7 a.m. and 7.15 a.m. before our lessons begin. We have two break times, one at 9.20 a.m. for half an hour, when we have porridge to eat, and another at 11 a.m. Then we have lunch at 1 p.m. We usually eat rice and beans. School lessons finish at 3.15 p.m., and then we have after-school activities and homework until 5 p.m. Then I have to walk home again!

Wants and Needs…

Write down a list of five things that you really *need*.

Now write down a list of five things that you really *want*.

Think about Dennis. Write a list of the things that you think he needs.

How is Dennis' list different from your lists?

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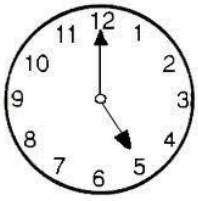
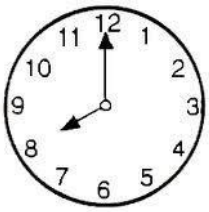
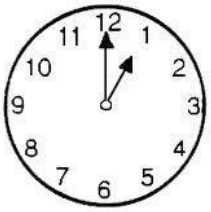
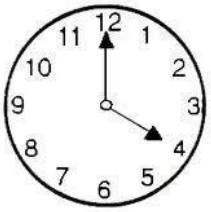
What Did You Do at School Today?

Think about what a normal school day looks like for you. Compare the differences to the life of a child like Dennis, who is living in Kenya. Write or draw pictures to show some of the differences at these times!

	Dennis	Me
 Morning		
 Morning		
 Afternoon		
 Afternoon		

Sticks and Stones!

Think about what you play with when it's break time at your school. Do you use skipping ropes, lego, or play with a football? In Kenya the children don't have a lot of toys - so they play with things they can find around them – even stones!

Try playing the game below, for which you need a pile of stones and 2 sticks!!

Place 2 sticks opposite each other leaving a gap in between. Put a pile of stones beside one of the sticks (see below).

With one hand, throw one stone up in the air and before you have to catch it try to move one of the stones in the pile across to the second stick (see below).

To make it more difficult move the sticks further apart or try to see if you can move more than one stone across before you have to catch the stone you have thrown!

Can you do it?!

Words in Swahili

Hello	***Jambo***
Goodbye	***Kwaheri***
How are things?	***Habari?***
Fine *(response)*	***Nzuri***
I am happy	***Nimefurahi***
Thank You	***Asante***
What is your name?	***Jina lako nani?***
My name is...	***Jina langu...***
People	***Watu***
Children	***Watoto***
Food	***Chakula***
Water	***Maji***

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Fun Activities…

Below are the words of a traditional children's rhyme that is sung in Kenya. Try saying both the Swahili version and the English.

Can you make up some music to go with the words?

Ukuti
Children's Song
(Swahili)

Ukuti, Ukuti
Wa mnazi, Wa mnazi Ukipata
Upepo
Watete..Watete..Watetemeka

The Leaf
Children's Song
(English)

The leaf, the leaf
of the coconut tree, of the coconut tree
when the wind blows against it
It shakes... It shakes... It shakes...

This song is sung in a circle. The children hold hands and skip around. When you get to the line about the wind blowing the tree, the kids increase their steps as if running round. Then they fall down when it comes to the line about the shaking coconut tree!

Can you think of a song we sing in England where 'we all fall down?'

Food

The food in Kenya is very different to what we eat in England. Instead of having a packed lunch with sandwiches the Kenyan children will eat a different type of bread known as flatbread which is full of energy to help keep them strong.

How to make Chapati (Flatbread)

Ingredients: 225g Wholemeal flour, 1 tsp salt, water

Sift the flour & salt into a mixing bowl. Add some water and knead together to make a stiff dough. Shape dough into a ball & cover bowl & let it stand for 30 mins. Divide the dough into 4/5 balls and roll each out into a flat, round disc. Heat oil in a frying pan and cook each chapatti until it is golden. It should take a minute for each chapatti (Remember to turn them over!!)

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Word Search

Find all of the ten words in the word search below. You can work in pairs or on your own!

U S M I Z T Z A K D Z L G Z X
P C L Q R T C K X L X N W T E
O Y G F S I F U D H O D O O F
V X E W R S Z Y O K R O Y M E
E X W F U D T E R C F Y H Z V
R K A I S Z C M R W G J I C J
T N E R D L I H C A M R Q D S
Y L Q N O Y S X G D C I A A C
K Q A T Y N R V I N L A D E D
L E H X C A D N T I I E G M V
K E V U O P Q U H A Q G M L N
S B R O M G K A K R Y J B L R
C R B Q L D W D Y V T S A A T
X E S L S S B M S P W F U H T
Y Q E D U C A T I O N Q W J K

CHILDREN
POVERTY
LOVE
FOOD
CLOTHES
SWAHILI
KENYA
HALL MEAD
CARE
SCHOOL
EDUCATION
AFRICA

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Learning to Help One Another

One of the important things that the children at Hall Mead School learn is the importance of caring for and helping one another. One way in which they learn this is through reading, listening to and discussing Bible stories.

The Bible has a lot to say about caring for others – in particular orphans, widows, the sick, those that are hungry, and the poor.

A Bible story that is enjoyed by children in Kenya is from Matthew 20, verses 29 to 34. In this story, Jesus has compassion on two blind men, and heals them so that they are able to see!

Let's try and think of ways in which we can be kind and compassionate towards other people – in our family, in our street, at school, and around the world!

Draw a picture of Jesus healing the blind men – or another story in the Bible where someone helped another person.	**Make a list of the ways that you can help other people:**

"Be kind and compassionate to one another"

phesians 4 verse 32

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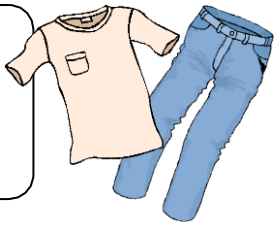
Make a Difference!!

You can help a child in Kenya go back to school! By raising a little money, we can pay for a child's school fees, books, uniforms or classroom equipment!

Here are some fun fundraising ideas....

Non-School Uniform Day!

Everyone wears their own clothes to school and brings 50p or £1 to put in a jar! You could even make this a themed or fancy dress day!



Make and sell cakes to your friends!

Make some delicious cupcakes for all your class to buy and enjoy. Everyone gets tasty treats whilst raising money at the same time.

Hold a special "Kenya Day"!

Have a day in school where you explore Kenya, looking at history, culture, food, language, clothes – and make a donation!

Host a fun Talent Show!

Whether it's singing, dancing or some other great talent, get everyone using their gifts to raise money and help other children!

Be creative! Why not design and manage your own fundraising event?

If you need some extra help or ideas, do contact us at:
Hope for Kids International, 45 The Park, Yeovil, Somerset, BA20 1DF
Email: info@hopeforkids.co.uk

We have many more fundraising ideas and tips to help you. Visit us online at
www.hopeforkids.co.uk

Thank You!

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